



**CD R020—Programs for Infants** 1 unit  
*¾ hours lecture, ¾ hours lab weekly*

Course covers normal development throughout infant period from birth through age one. Emphasis is on adult interaction as a medium for development, as well as play and selection of appropriate play activities. Children ages birth to one year of age may attend this class with their parents. Parents are required to provide a snack for the children according to guidelines established by instructor. Materials fee is required. Negative TB test is required for adults. Field trips may be required. Not applicable for degree credit. Course may be taken two times. (2)

**CD R021—Programs for Toddlers** 1 unit  
*¾ hours lecture, ¾ hours lab weekly*

Course covers normal development throughout the toddler period of birth to 3 years of age. Emphasis is on the importance of play as a medium of development and selection of appropriate play materials. Children in the 1 to 2½ years of age range may attend this class with their parents. Parents are required to provide a snack for children according to guidelines established by instructor. Material fee is required. Negative TB test for adults is required. Field trips may be required. Course may be taken three times. (2)

**CD R039—Health and Safety Issues for Child Care Professionals** ½ unit

*½ hour lecture weekly*

Course covers the recognition, management, and prevention of infectious diseases including immunizations. Prevention of childhood injuries will also be covered. Materials in this class are related to family child care settings and centers. This course meets licensing requirements for all child development personnel for 7 of the 15-hour requirements. Completion of a Pediatric CPR and first aid course will meet the additional 8 hours. Field trips may be required. Course may be taken four times. (1)

**CD R040—Lesson Planning with a Theme** ½ unit  
*1 hour lecture weekly for 9 weeks*

Course teaches curriculum planning for young children using various themes and topics. Students will learn how to plan art, science, language, motor and other areas using a theme that will facilitate more effective learning with young children. Using a different theme approach each time the course is offered, students will develop skills of organization and lesson planning. Field trips may be required. Course may be taken four times. (1)

**CD R041—Programs for School-Age Children** ½ unit  
*1 hour lecture weekly for 9 weeks*

Course covers programs for the out-of-school care of school-age children with a focus on the characteristics of quality care. Methods of fostering emotional, intellectual, physical and social development will be explored. Program planning skills and program ideas will be covered with different topics each time the course is offered. Field trips may be required. Course may be taken four times. (1)

**CD R042—Identifying and Working with the Abused** ½ unit

*1 hour lecture weekly for 9 weeks*

Course discusses the evidence and identification, as well as the cause of abuse. Students will learn to identify physical, emotional, and sexual abuse signs, as well as methods and laws relating to reporting. Methods of working with families will also be explored. In addition, materials will include how professionals can protect themselves from being accused. Field trips may be required. Course may be taken four times. (1)

**CD R043—Young Children with Handicapping Conditions** ½ unit

*1 hour lecture weekly for 9 weeks*

Class will include information on identifying possible problems, places for referral, and community resources related to children with handicapping conditions. The students will explore curriculum designs for children with handicapping conditions, parent-provider coordination, and legal rights. Different types of disabilities will be covered in different courses. Field trips may be required. Course may be taken four times. (1)

**CD R044—Nutrition for Young Children** ½ unit  
*1 hour lecture weekly for 9 weeks*

Course is designed to present current nutritional information as it relates to children, as well as ideas and methods to bring children and food together in a positive manner. Different topics and activities are presented each time the course is presented. Field trips may be required. Course may be taken four times. (1)

**CD R045—Creative Activities for Children** ½ unit  
*1 hour lecture weekly for 9 weeks*

Creative activities (art, music, dramatic play, etc.) are important for the growth of children mentally, socially and emotionally. This course will focus on various ways to provide a variety of developmentally appropriate activities to enrich children's growth and development. Field trips may be required. Not applicable for degree credit. Course may be taken four times. (2)

**CD R046—Teacher/Parent Communication** ½ unit  
*1 hour lecture weekly for 9 weeks*

Course teaches the art of developing skills of working with parents for information and helping with the growth and development of children. This course will cover the value of effective communication, the places and ways it is most effective, and methods of developing communication skills. Field trips may be required. Course may be taken four times. (1)

**CD R047—Children and Discipline** ½ unit  
*1 hour lecture weekly for 9 weeks*

Course covers various discipline methods and techniques for adults to use with children. Basic methods covered will vary in classes but will include ones such as behavior modification, logical and natural consequences, communication skills, etc. Information on uses, as well as practice, will be included in classes. Topics will also include adaptation to different age children and use with special needs children. Field trips may be required. Course may be taken four times. (1)

**CD R048—Science and Math for Children** ½ unit  
*1 hour lecture weekly for 9 weeks*

Course teaches curriculum planning for the early childhood classroom related to science and math concepts. Students will learn how to plan art, science, language, and motor activities, as well as room environments that will facilitate more effective learning with young children. Information will be given to develop skills of organization and lesson planning. Field trips may be required. Not applicable for degree credit. Course may be taken four times. (2)

**CD R049—Programs for Infants and Toddlers** ½ unit  
*1 hour lecture weekly for 9 weeks*

Course will cover the development and implementation of environments and activities for children birth to age two and a half. The emphasis will be on the importance of play as a medium for learning and the selection of appropriate materials and resources. Field trips may be required. Course may be taken four times. (1)

**CD R050—Family Day Care Today** 1½ units  
*7 hours lecture weekly for 4 weeks*

This is a specialized course designed to inform and update interested persons in the area of day care. Course covers areas of home day care and its strengths, uniqueness, and needs. Topics include planning programs, skills in working with children and parents, and record keeping and evaluation. Field trips may be required. Course may be taken two times. (2)

**CD R051—Managing Children’s Behavior** 1 unit

*1 hour lecture weekly*

Course is an overview of basic theories and applications of methods of child management. Techniques of adapting and applying theories to individual situations are covered. Difficult behaviors encountered by those living or working with children as well as techniques to cope with and solve these behaviors are included. Field trips may be required. Not applicable for degree credit. Course may be taken two times.

**CD R052—Program Development in Early Childhood Education** 1 unit

*1 hour lecture weekly*

Course covers guidelines for developing quality programs for young children. Topics include goal and objective setting, lesson planning and evaluation. Emphasis is on developing skills of lesson planning related to individual needs of children enrolled in child care and family day care programs. Negative TB test and field trips are required. Not applicable for degree credit. Course may be taken two times.

**CD R053—Family Child Care for Professionals** 1½ units

*Prerequisites: CD R050.*

*3 hours lecture weekly for 8 weeks*

Course is designed for family day care providers extending their training in the specialized field of in-home care for children. Course covers planning, implementation, and evaluation of a comprehensive program for children from infancy through school-age, as well as in-depth information of bookkeeping and financial organization. Field trips will be required. Not applicable for degree credit. (2)

**CD R098—Short Courses in Child Development** ½-10 units

*Lecture and/or lab hours as required by unit formula*

Specialized topics are designed to inform or update interested persons in Child Development.

**CD R102—Human Development** 3 units

*3 hours lecture weekly*

This is a survey course of normal human development throughout the life span. Areas relating to physical, social, cognitive and emotional growth at various points in the life cycle are explored. Field trips and negative TB test may be required.

*Transfer credit: UC, CSU*

**CD R103—Programs for Young Children** 3 units

*3 hours lecture weekly*

Course offers introduction to various kinds of school programs for young children, their histories, philosophies, and program emphasis. Requirements and opportunities in Early Childhood Education are explored—both private and public. Curriculum areas are covered, along with organization of materials and resources. Teaching techniques based upon understanding the young child as an active learner socially, physically, emotionally, and cognitively are examined. Field trips and negative TB or chest X-ray are required.

*Transfer credit: CSU*

**CD R106—Child, Family, and Community** 3 units

*3 hours lecture weekly*

Course allows students to gain awareness of interaction and interdependency between home, school, and community. Patterns of child rearing in contemporary society are covered as well as interaction of family culture, and community. Individual and social resources for family health and welfare and improving child development techniques are explored. Field trips and negative TB tests are required.

*Transfer credit: UC, CSU*

**CD R107—Cross-Cultural Experiences with Children and Families** 3 units

*3 hours lecture weekly*

Course offers general introduction to life styles, values, and socio-economic conditions of children from bilingual and bicultural families, with special emphasis on ways in which these factors affect teaching and learning processes. Students are introduced to strategies, materials, and resources designed to enhance their skills in working with bilingual, bicultural children. Prejudices, ethnicity, and values related to cultural identity are explored. Field trips and negative TB test are required.

*Transfer credit: CSU*

**CD R108—The Exceptional Child** 3 units

*3 hours lecture weekly*

Characteristics and problems of the developmentally delayed, socially handicapped, and those with emotional problems, as well as the mentally gifted child, will be covered. The class will cover study of issues, and research encountered in these specific areas. Also covered will be resources and techniques for living and working with these children. (Same as PSY R111) (2)

*Transfer credit: CSU*

**CD R111—Child Development Principles and Practicum I** 3 units

*Prerequisites: Completion or concurrent enrollment in CD R103, and one course in creative experiences (CD R131-R134).*

*2 hours lecture, 3 hours lab weekly*

Basic principles of child development programs and their application to development of appropriate school experience for young children are covered. A variety of learning experiences considering environment, materials and equipment, and play routines in relation to child needs are discussed. Observation and limited participation in a preschool classroom are included. Field trips and negative TB test or chest X-ray are required.

*Transfer credit: CSU*

**CD R112—Child Development Principles and Practicum II** 3 units

*Prerequisites: CD R111.*

*2 hours lecture, 3 hours lab weekly*

Course requires participation in a preschool classroom 3 hours per week. This is an opportunity for supervised practice in planning and guiding play, learning, and children’s routine living activities. Emphasis is on experiences which lead to increasing skill in dealing effectively with group and individual behavior. Focus is on evaluation and prescribing for individual child’s needs. Field trips and negative TB test or chest X-ray are required.

*Transfer credit: CSU*

**CD R113—Programs for Infants and Toddlers** 3 units

*Prerequisites: CD R102 or equivalent.*

*3 hours lecture weekly*

Course will cover the normal development of children from birth to age 3 and the environments and activities which meet their developmental needs. The emphasis will be on the importance of play as a medium for development and the selection of appropriate play materials. Parent education, community resources and cultural and ethnic differences will be covered. A negative TB test and field trips are required. (2)

*Transfer credit: CSU*

**CD R114—Programs for School-Age Children** 3 units

*3 hours lecture weekly*

Course covers programs for the out-of-school care of school-age children with a focus on the characteristics of quality care. Methods of fostering emotional, intellectual, physical and social development will be explored. Program planning skills and program ideas will be covered. This course meets state licensing regulations for working with school-age children. (2)

*Transfer credit: CSU*

**CD R115—Management for Child Development Programs: Administration and Supervision** **3 units**

*Prerequisites: CD R103.  
3 hours lecture weekly*

Course covers preparation for administering child development programs including management principles related to licensing and standards, budgeting, space and equipment, hiring and evaluating practices, staff relationships, and parent and community involvement, including organizational requirements to fulfill goals of the program.

*Transfer credit: CSU*

**CD R116—Management and Administration of Programs for Young Children** **3 units**

*Prerequisites: CD R115, experience as a supervisor or equivalent.  
3 hours lecture weekly*

Course covers the principles and practices of the administration of early childhood programs with an emphasis on personnel management. California State labor laws, personnel and operating policy formation, development of leadership skills, and in-depth budgeting including computer use, writing grants and proposals are discussed. Course offers the student the opportunity for in-depth study of areas covered in survey format in CD R115. The course will cover materials for programs from infant through school-age. Field trips and negative TB tests are required.

*Transfer credit: CSU*

**CD R117—Adult Supervision/Mentor Teacher** **2 units**

*Prerequisites: CD R112.  
2 hours lecture weekly*

This is a course that will study the methods and principles of supervising student teachers in early childhood classrooms. Emphasis is on the role of experienced classroom teachers who function as mentors to new teachers while simultaneously addressing the needs of children, parents and other staff. (2)

*Transfer credit: CSU*

**CD R120—Parent Education** **1 unit**

*1 hour lecture weekly*

This course is for parents of children enrolled in the campus Child Development Center and others interested in parenting. It is designed to enable them to gain insight into child development, parenting, and learning theories as they apply to children. Field trips and negative TB test are required. Course may be taken four times.

*Transfer credit: CSU*

**CD R129—Child Nutrition, Health, and Safety** **3 units**

*3 hours lecture weekly*

Instruction is given in health protection and resources provided by home, school, and community. Emphasis is placed on the study of nutritional needs, health and safety practices, and characteristics of good health as well as recognition of symptoms of communicable diseases. Habits and attitudes essential for the general physical and mental health of teacher, parent, and child are developed in this course. Field trips and negative TB test are required. Each student will receive a Red Cross multimedia first aid Red Cross card.

*Transfer credit: CSU*

**CD R130—Parent/Child Interaction** **3 units**

*3 hours lecture weekly*

Course explores the challenging role of a parent. It focuses on studying a variety of approaches to effective parenting, identifying typical problem areas and dealing with them by prevention or coping strategies, and promoting positive interactions between parent and child. Field trips may be required. (Same as PSY R112)

*Transfer credit: CSU*

**CD R131—Art in Early Childhood** **3 units**

*3 hours lecture weekly*

Course is aimed at developing awareness and sensitivity of the nursery school teacher and understanding of stage-by-stage development of the preschool child. Teacher and student demonstrations, visual aids including films, and field trips are included in the course. Materials fee is required.

*Transfer credit: CSU*

**CD R132—Science in Early Childhood** **3 units**

*3 hours lecture weekly*

Methods of enriching the child's exposure to the natural and physical world are explored using basic science equipment and developing practical materials as well as reference materials for school and teacher included. Focus is on problem-solving and inquiry approaches to the involvement of young children in first-hand exploration of their environment. Materials fee is required.

*Transfer credit: CSU*

**CD R133—Language Arts in Early Childhood** **3 units**

*3 hours lecture weekly*

Instruction is given in developing language arts and literature experiences for young children. It explores experiences which support and extend children's ability to use language as a means of communication, medium of creative expression, and tool in the development of logical thought. Games, puppetry, flannel board material, storytelling, and children's literature are included. Materials fee is required.

*Transfer credit: CSU*

**CD R134—Movement and Music in Early Childhood** **3 units**

*3 hours lecture weekly*

Course covers principles and methods of providing movement and musical experiences for young children. Ways of providing creative experiences in body movement and dance as well as development of skills in using simple musical techniques are explored. Materials fee is required.

*Transfer credit: CSU*

**CD R189—Topics in Child Development** **1/2-3 units**

*Lecture and/or lab hours as required by unit formula*

These are courses considering specialized, specific topics in child development which are not covered in the general Child Development offerings.

*Transfer credit: CSU*

**CD R198—Short Courses in Child Development** **1/2-10 units**

*Lecture and/or lab hours as required by unit formula*

Courses and/or workshops in selected areas of Child Development are offered to meet specific needs of college or community as requested. Field trips may be required.

*Transfer credit: CSU*

**CD R199—Directed Studies in Child Development** **1/2-3 units**

*Prerequisites: A course in the specific field.*

*Lecture and/or lab hours as required by unit formula*

Studies are designed for selected students interested in furthering their knowledge of child development on an independent basis. Problems assigned will involve library, lab, and field work. Course may be taken two times.

*Transfer credit: CSU*